

NO PLACE Like This Place

SOUTHERN BOONE AREA YMCA
www.southernbooneymca.org



Updated July 2026

MORE THAN YOU CAN IMAGINE

The Southern Boone Area YMCA is the place where families have fun and spend quality time together, kids play and build character, adults develop a healthier lifestyle, and neighbors connect with their community. We currently offer:

- 24/7 Access
- Child Development Center
- Child Watch
- Fitness Challenges
- Free Group Exercise Classes
- Personal Training
- Summer Camp
- Youth and Adult Sports
- Y-Club Before & After School Program

YMCA360

Get more out of your Y membership with YMCA 360! Track workouts, join challenges, access workout classes, use barcode check-in, and connect your fitness wearables for automatic activity tracking. Best of all, you'll earn 25 points just for downloading the app, and those points can be redeemed for rewards like protein bites, YMCA shirts, hats, and more!



YMCA OUTREACH FUND

Financial support for the Southern Boone Area Y's Outreach Fund is provided by the Y's fundraising programs and individual donations. Anyone who cannot afford membership or program fees can complete an Outreach application. Applications are available at the Welcome Desk or on our website.

CAPITAL CAMPAIGN

To finance the \$4.8M construction of this facility, we secured a \$2M loan. Thanks to the continued support of our members, donors, and community partners, we have already repaid \$1.2M of that balance. As we continue to enhance our facility and expand opportunities for youth, families, and individuals throughout our community, our goal is to fully retire the remaining loan. Please call Branch Director, Kip Batye at 573.657.9622 ext. 707 or email kbatye@jcymca.org if interested in making a donation.



FITNESS CLASSES

- | | |
|------------------|--------------------------------|
| 30 Minute HIIT | Silver Sneakers |
| Butts & Guts | Silver Sneakers Yoga |
| Functional + Fit | Step Into Sculpt |
| *Hot Yoga | Tai Chi |
| Pilates Fusion | Techno Gym |
| Pure Strength | Yoga |
| Raise the Barre | *Youth Girls 'N' Weights |
| *Rhythm & Ride | *Youth Strength & Conditioning |

*Fee based classes that require registration.

HOURS OF OPERATION

FACILITY HOURS

- Monday - Thursday: 5:00 a.m. - 10:00 p.m.
- Friday: 5:00 a.m. - 8:00 p.m.
- Saturday: 6:00 a.m. - 5:00 p.m.
- Sunday: 10:00 a.m. - 6:00 p.m.

CHILD WATCH HOURS

- Monday - Saturday: 8:00 a.m. - 10:00 a.m.
- Monday - Thursday: 4:00 p.m. - 8:00 p.m.

MEMBERSHIP RATES

Membership Packages	Age	Monthly Fee	Joining Fee
Young Adult	13 - 23	\$30	\$50
Adult	24 - 61	\$40	\$50
Single Parent Household	24+	\$40	\$50
Household 2	Any two individuals living in the same household including young adults	\$50	\$50
Senior Adult	62+	\$30	\$50
Senior Household	Any two individuals living in the same household that are 62+	\$40	\$50
Premium Membership	24/7 access 18+	\$6	\$10

*Joining fee is waived if paid annually.

24/7 ACCESS

Add this premium benefit to your membership and you will receive access to the facility at your leisure. Members must be 18 years of age. There is a \$10 one-time fee for the key fob and \$6/month will be added to your monthly membership dues. **Guests are NOT allowed with this access after normal operating hours.** Visit the Welcome Desk to sign up.

RENTALS

FACILITY RENTALS

Availability can be viewed on our website. To reserve a room, contact Nathan Vandelicht at 573.657.9622 ext. 303 or email nvandelicht@jcymca.org

Turf Room	\$110/hour member	\$210/hour non-member
Batting Cage	\$30/hour member	\$60/hour non-member
Lee & Sherri Wilbers Room	\$60/hour member	\$110/hour non-member
Small Exercise Room	\$30/hour member	\$60/hour non-member

LOCKER RENTALS

Contact or visit the Welcome Desk to reserve a locker.

Half Locker Rental	\$4.17/month	\$50.00/year
Full Locker Rental	\$6.25/month	\$75.00/year

BODY ANALYSIS

The InBody will let you see what you're made of. The full page report shows your individual body composition in pounds and percentages of body fat, segmental muscle distribution, BMI and basal metabolic rate. Members are allowed two free scans per year.

GUEST PASS POLICY

Each Y membership account will be credited six guest passes per year to share. Each pass grants an individual access into the facility for one day. Guests must be 18 years of age (guests under the age of 18 must have a parent or legal guardian present to sign waiver), adhere to membership guidelines, and provide a current photo ID that includes date of birth.

NATIONWIDE MEMBERSHIP

At the Y, we are for youth development, healthy living, and social responsibility. We are dedicated to ensuring that our facilities, programs, and services are open and welcoming to all. With Nationwide Membership, our members can access YMCA facilities across the United States and Puerto Rico at no extra charge.

SHARE THE Y

Workouts go better TOGETHER! Refer a friend to join the Y, and you'll both get a month FREE! And, don't stop with just one referral – the more people you refer, the more you save. Get a free month for EVERY person you refer, up to six months free! Visit the Welcome Desk or our website for more information and to download the referral form.

PAVER CAMPAIGN

Personalized donor pavers will be used to fill the flagpole area in front of the YMCA facility. Your donation allows you to contribute to the Southern Boone Area YMCA legacy that will be recognized for years to come. Visit the Welcome Desk or our website to download the Paver Campaign form.



CONNECT WITH US



www.southernbooneymca.org