

## Parent Meeting Summary

### Goals:

- 1) Learn the rules and language of basketball
  - a. Locations on court
    - i. Paint
    - ii. 3-point line
    - iii. Elbow
    - iv. Blocks
    - v. Baseline
  - b. Rules of Basketball
    - i. Traveling
    - ii. Double Dribble
    - iii. 5 seconds in the paint
    - iv. Reaching fouls
- 2) Fundamentals
  - a. Dribbling
  - b. Passing
  - c. Shooting
  - d. Defense
  - e. Leadership & teamwork skills
- 3) **MOST IMPORTANT: Fun atmosphere at games & practices**
  - a. Want kids to enjoy basketball – instill the love for the game
  - b. Game of the week
  - c. All-Star Weekend – more details to come at a later date (shooting, passing, dribbling, defense, and possibly a dunk contest).
  - d. NBA jerseys are provided for players
  - e. **Equal playing time – every kid plays 20 minutes of basketball**

### Expectations As Parents:

- 1) Show respect, don't be a knucklehead
- 2) If you have questions regarding practices or games please ask coach first
- 3) Problems or complaints – 24 hour rule encouraged or come talk to me
- 4) Set an example for the kids, again don't be a knucklehead
- 5) If you show up for practice or games, make sure you don't let your kids wander the halls or climb up on the stage. We are guests here and need to show respect to the school.
- 6) **Let coaches coach & players play, be a supporter of your kid and the teams!**

Jr. NBA Mojo App: can download it on apple or google store  
<https://jr.nba.com/jrnbaathome/>

If you are looking for ways your kid can improve fundamentals outside of practice, this app gives a variety of examples and it's free.