

Name:		Grade:	
Day	Physical Activity (Ex: Walking outside or YMCA Workout)	Time (minutes)	
Mon, May. 4			
Tue, May. 5			
Wed, May. 6			
Thu, May. 7			
Fri, May. 8			
Sat, May. 9			
Sun, May. 10			
Mon, May. 11			
Tue, May. 12			
Wed, May. 13			
Thu, May. 14			
Fri, May. 15			
Sat, May. 16			
Sun, May. 17			
Mon, May. 18			
Tue, May. 19			
Wed, May. 20			
Thu, May. 21			
Fri, May. 22			
Sat, May. 23			
Sun, May. 24			
Mon, May. 25			
Tue, May. 26			
Wed, May. 27			
Thu, May. 28			
Fri, May. 29			

<b>Sat, May. 30</b>		
<b>Sun, May. 31</b>		
<b>Mon, Jun. 1</b>		
<b>Tue, Jun. 2</b>		
<b>Wed, Jun. 3</b>		
<b>Thu, Jun. 4</b>		
<b>Fri, Jun. 5</b>		
<b>Sat, Jun. 6</b>		
<b>Sun, Jun. 7</b>		
<b>Mon, Jun. 8</b>		
<b>Tue, Jun. 9</b>		
<b>Wed, Jun. 10</b>		
<b>Thu, Jun. 11</b>		
<b>Fri, Jun. 12</b>		
<b>Sat, Jun. 13</b>		
<b>Sun, Jun. 14</b>		
<b>Mon, Jun. 15</b>		
<b>Tue, Jun. 16</b>		
<b>Wed, Jun. 17</b>		
<b>Thu, Jun. 18</b>		
<b>Fri, Jun. 19</b>		
<b>Sat, Jun. 20</b>		
<b>Sun, Jun. 21</b>		
<b>Mon, Jun. 22</b>		
<b>Tue, Jun. 23</b>		
<b>Wed, Jun. 24</b>		
<b>Thu, Jun. 25</b>		
<b>Fri, Jun. 26</b>		
<b>Sat, Jun. 27</b>		

<b>Sun, Jun. 28</b>		
<b>Mon, Jun. 29</b>		
<b>Tue, Jun. 30</b>		
<b>Wed, Jul. 1</b>		
<b>Thu, Jul. 2</b>		
<b>Fri, Jul. 3</b>		
<b>Sat, Jul. 4</b>		
<b>Sun, Jul. 5</b>		