

MARCH 2020 MEMBER OF THE MONTH

VICKIE GARES

We have selected Vickie as the March Member of the Month! Vickie is not only a frequent user of the YMCA, but participates in many programs the Y offers. Last year she participated in our Healthy Hometown grant that raised funds for the new YMCA facility and also makes an annual donation to our Capital Campaign. Vickie has participated in the Weight Loss Challenge and 5K's for multiple years. We are very thankful to have Vickie as an active YMCA member. Below is Vickie's story.

"I joined the YMCA shortly after I retired. I have really enjoyed getting to know so many new people, and reconnecting with old friends I hadn't seen in a while. Everyone is so encouraging and helpful. One of the best things I did was join the Lose To Win competition. I lost weight and won third place! Unfortunately I gained about half the weight back so a couple of years later I decided to give it another try and this time I lost the weight again and got second place. I am happy to say I have kept the weight off, thanks in part to the YMCA. I look forward to going to the Y and it really helps me stay on track.

The staff of the YMCA are very friendly and always willing to help with any needs and answer questions. They are always working to bring new ideas and programs for their members. I am very excited for the new location and the opportunities that will bring.

Thank you so much!"

Thank you Vickie for your continued support of the YMCA. We are honored to have you as our Member of the Month. We look forward to seeing you and Alan at the new location very soon.

Sincerely,
Derek Mordica