

AUGUST 2019 MEMBER OF THE MONTH

MARLA COLLINS

For August 2019, Marla Collins has been selected as the Member of the Month! Marla comes to the Y every day with a smile on her face; even those days when she gets in here later than expected! She's has an awesome attitude and loves chatting with the members in the Y. We asked Marla what the YMCA means to her...

I am honored to be chosen as the YMCA August member of the month. The Y is what I call my "happy place." I typically work out in the early morning and I am always greeted with a warm welcome by staff and members. After a quick read of the daily scripture by the front door and my day is off to a great start.

Most would call me a "people person", so for me the Y isn't just about the fitness center, classes and programs, it's about meeting people. People who everyday help me to become a better person and whom I hope in return to do the same for them. I enjoy hearing their journeys in life and fitness goals. I do my best to talk (A LOT) to keep their minds off how many minutes they have left on the equipment.

As a member of the YMCA, I feel like it means being a member of a community organization where people genuinely care for one another and who are committed to success. I enjoy watching the Y grow and all the opportunities it brings to the Ashland area. Together with the Y, we are all undoubtedly building a healthy spirit, body and mind together. I would encourage anyone who is on the fence about joining the Y to come for a visit. I look forward to meeting you!

Thank you Southern Boone YMCA for putting the "Y" in community.

Thank you Marla for your positivity and for helping our members to find their Happy Place!