



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HERE FOR GOOD

Southern Boone Area YMCA

www.southernbooneymca.org

101 W. Broadway Ashland, MO • 657-9622

MORE THAN YOU IMAGINE

The Southern Boone Area YMCA is the place where families have fun and spend quality time together, kids play and build character, adults develop ways to live healthier and neighbors connect with their community.

- Free Group Exercise Classes
- Youth and Adult Sports
- Personal Training
- Fitness Challenges
- Water Aerobics
- Summer Camp
- Y-Club Before & After School Program
- Child watch

CAPITAL CAMPAIGN

Due to the success in 2016 from a growing membership base of more than 2,000 individuals, as well as new sports and fitness programming, we purchased 15 acres of land where we can build our own facility that will better meet the needs of our growing community. We are currently in our silent campaign phase. We will start the community portion of the campaign later this summer. For more information about the campaign, please contact the Branch Director Kip Batye at (573) 657-9600 or at kbatye@jcmca.org



GROUP EXERCISE CLASSES

- | | |
|----------------------------|---------------------------------|
| 3-2-1 Body Blast | Middle School Strength Training |
| *Evening Edition Boot Camp | *Pure Strength |
| Evening Yoga | *Rise & Shine Boot Camp |
| C&S Circuit Training | Silver Sneakers Classic |
| HIIT | Silver Sneakers Yoga |
| Morning Yoga | Total Core |
| Mid-Morning Yoga | * Fee Based Classes |

YMCA OUTREACH FUND

Financial support for the Southern Boone Area Y's Outreach Fund is provided by the Y's fundraising programs, individual donations, and United Way funds. Anyone who cannot afford the fees can complete an Outreach application. Applications are available at the service desk or at www.southernbooneymca.org.

HOURS OF OPERATION

FACILITY HOURS

Monday-Thursday: 5:00 a.m. - 10:00 p.m.

Friday: 5:00 a.m. - 8:00 p.m.

Saturday: 6:00 a.m. - 5:00 p.m.

Sunday: 12:00 p.m. - 6:00 p.m.

CHILD WATCH HOURS

Monday - Saturday Morning: 8:00 a.m. - 10:00 a.m.

Monday - Thursday Night: 5:00 p.m. - 8:00 p.m.

MEMBERSHIP RATES

| Membership Type | Monthly Bank Draft | Joining Fee with Agreement | Joining Fee without Agreement |
|-------------------------|--------------------|----------------------------|-------------------------------|
| Youth/Young Adult | \$20 | \$0 | \$50 |
| Adult | \$30 | \$0 | \$75 |
| Single Parent Household | \$30 | \$0 | \$75 |
| Household 2 | \$40 | \$0 | \$100 |
| Household 3 | \$60 | \$0 | \$100 |
| Household 4 | \$80 | \$0 | \$100 |
| Senior Adult | \$20 | \$0 | \$50 |
| Senior Household | \$30 | \$0 | \$75 |

MEMBER DESCRIPTION

YOUTH/YOUNG ADULT: Defined as an individual between the ages of 13–23. (Individuals under the age of 13 must be accompanied by an adult with membership privileges. Special requests will be considered on a case-by-case basis.)

ADULT: Defined as any individual 24 years of age or older.

SINGLE PARENT HOUSEHOLD: Defined as a household with one parent. The membership includes family members as defined in the family membership.

HOUSEHOLD 2: Two adult persons living in the same household and immediate family living within the same household. Immediate family may include the following individuals living in the same home/household: (i) children 23 years of age and younger living in the home; (ii) legal dependent; (iii) disabled family members living at home; and (iv) legal guardians. (Documentation and/or proof of residency may be required upon request.)

HOUSEHOLD ADD ON: Up to two additional adults may be added onto a Household membership for \$20 per adult per month. Adult(s) added onto the membership must show proof of same residency. Proof of residency may be requested periodically.

SENIOR ADULT: Defined as any individual person 62 years of age or older. (Members must complete a membership change form when they qualify for the reduced rate.)

SENIOR HOUSEHOLD: Defined as two adult persons, both of whom must be 62 years of age or older. (Documentation may be required upon request)

STAY CONNECTED AT



www.southernbooneymca.org

REGISTERING FOR PROGRAMS

For your convenience, the YMCA offers program registration online at www.southernbooneymca.org or at the Southern Boone YMCA location. You may pay by cash, check, credit card, or debit card.

CORPORATE MEMBERSHIPS

The YMCA Corporate Membership Program is a great way for companies to promote the benefits of exercise to their employees. For more information about corporate memberships, please call 657-9600.

DAY PASS

A non-member can use the YMCA facilities by showing a current photo ID and paying the day pass fee. Non-members under the age of 13 must be accompanied by a parent or legal guardian with a valid photo ID.

Day Pass Fee: FREE Child (under age 5)
\$5 Youth/Young Adult
\$5 Senior (62 and older)
\$10 Adult (18 and older)
\$15 Household

6-Day Pass Fee: \$48 Adult
\$25 Youth/Adult, Senior
\$60 Household

GUEST ENTRY POLICY

Guest entry is for those interested in a Y membership. Membership privileges may be granted one time at no charge after the following has been accomplished: check-in with the service desk; provide current photo ID that includes date of birth; tour the facility.

VISITOR PASS POLICY

Each Y membership account will be credited six visitor passes per year to share. Each pass grants an individual or a family access into the facilities for one day. Visitors must be accompanied by a member 13 years or older, guest must be at least 13 years of age, adhere to membership guidelines, and provide a current photo ID that includes date of birth. Visitors may only use six passes per calendar year.

NATIONWIDE MEMBERSHIP

At the Y, we are for youth development, healthy living, and social responsibility. We are dedicated to ensuring that our facilities, programs, and services are open and welcoming to all. Nationwide Membership is a key part of this effort. With Nationwide Membership, our members can access YMCA facilities across the United States and Puerto Rico at no extra charge.

INCLEMENT WEATHER

Due to the unpredictability of each weather situation, the Y reserves the right to alter this procedure on a case by case basis. Cancellations and closings will be announced at southernbooneymca.org, on the Y's Facebook page, and Remind app @sbymcanews.