

# **JULY 2019 MEMBER OF THE MONTH**

## **JOHN SAPP**

This month we have selected John Sapp as the Member of the Month! John has been a member of the Southern Boone Area YMCA since opening and a member of the Jefferson City YMCA since 2008! John introduced himself when I first started working at the Y. It's safe to say John doesn't know a stranger. I asked John to write a little something about his life and what he enjoys about the YMCA.

"My name is John Sapp, I turn 74 this month. I served in the US Navy for 4 years 1965 to 1969. I then went on to work as a contract digital transmission engineer with CenturyLink Telephone Company. I worked all over the country in several different states. In each community where I worked, I would join a YMCA because I felt it was good place to exercise and meet people. The last few years of my career were spent in Jefferson City, Missouri where I joined the Y in 2008. I tried to work out every day before work. I was pleased when they decided to open a YMCA in Ashland, just three blocks from my home. Since my retirement in 2015, I've moved my exercising routine to the evening where I've met and made a lot of friends. I will admit that I wasn't sure a YMCA in Ashland would work at first but I was proven wrong, and I'm excited about the building of the new YMCA facility!"

I see John in the gym almost every evening and I enjoy catching up and swapping stories with him. Those who know John have nothing but great things to say about his positivity and determination. He always has a smile on his face and truly enjoys getting to know new people. Thanks John for supporting the YMCA over the many years!

Sincerely,

Derek Mordica

**Be sure to wish John a Happy Birthday on July 14<sup>th</sup>**