

Increasing awareness of Health & Wellness in the Workplace

WITH

InBody®
Body Composition Analysers



Benefits of using InBody in the workplace



Measuring body composition builds awareness of an individual's health based on their results.



Long term body composition analysis will create awareness of one's lifestyle choices, in turn this may reduce absenteeism.



Monitoring of an individual's results shows improvements and/or areas requiring improvement.



Working on areas that require improvement can give the motivation needed to make a healthy lifestyle change.



Increase team unity during Health and Fitness challenges within the workplace.

Monitor Employee Health and Performance

Most would agree that an employee's health status can directly influence their work behaviour, attendance and on-the-job performance. High performance companies understand the human-capital-driven health and work behaviour equation. A large percent of high-performing companies regularly measure health status as a viable component of their overall risk management strategy.

Applying Preventative Risk Management Measurement Tools

Human resource professionals need straight-forward measurement tools to complement their Corporate Wellness Programs. Today's business climate calls for practical, cost-effective assessment and evaluation protocols that generate solid, strategic information. With ongoing monitoring, an InBody test can raise awareness of lifestyle issues and along with your corporate wellness program or in-house facilities, it can encourage employees to take action that will benefit them both personally and within the workplace. InBody provides a perfect risk minimising strategy.



InBody 570

What does InBody measure?

An InBody test is an advanced method of measuring body composition. Simply stand on the device and in just 60 seconds you can discover how diet and exercise are changing someone's body composition. By monitoring body fat and muscle mass you are going beyond the scale and seeing what they're really made of.

An InBody test can provide your staff with a detailed report outlining over 40 parameters, for example:



Total skeletal muscle mass



Total body fat in kilograms



Total body water



Segmental lean analysis



Visceral fat levels



Segmental muscle and fat analysis



Bone mineral content



Basal metabolic rate



Complementary Demo

InBody would like to offer you the opportunity to trial our services.

What is offered in your on-site demonstration?

- ✓ Set up & Demonstrate an InBody test
- ✓ Perform a number of InBody tests
- ✓ A full Interpretation of the InBody Report
- ✓ Demonstration of the InBody App
- ✓ Tips on how to implement ongoing InBody monitoring

Contact us today to arrange your Complementary Demo.

InBody has representatives in most major cities.



InBody App

Get your InBody test delivered straight to your mobile.

- ✓ Monitor your body's status on the go with your InBody data delivered right to your mobile device.
- ✓ Connect with friends and family. Keep each other in check and on track.
- ✓ Track your scan history and visualise progressing towards your goals.
- ✓ Stay connected with your trainer, keeping you on track and motivated.

Get the FREE InBody App



Result Sheet

InBody[®] 570

Body Composition Analysers

InBody[®]

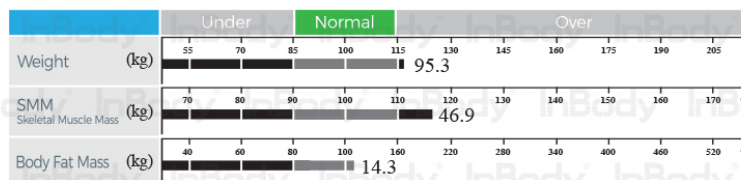
Body Composition Analysers

ID	Height	Age	Gender	Test Date / Time
	193cm	38	Male	10.12.2015 / 15:21

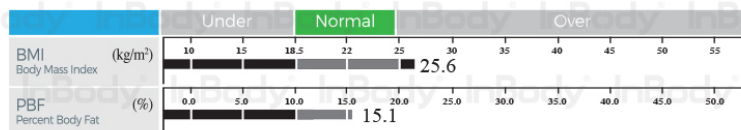
BODY COMPOSITION ANALYSIS

	Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water (L)	59.4 (46.1~56.3)	59.4	76.4 (59.2~72.4)	81.0 (62.7~76.6)	95.3 (69.6~94.2)
Protein (kg)	15.9 (12.3~15.1)	non-osseous			
Minerals (kg)	5.68 (4.27~5.21)				
Body Fat Mass (kg)	14.3 (9.8~19.7)				

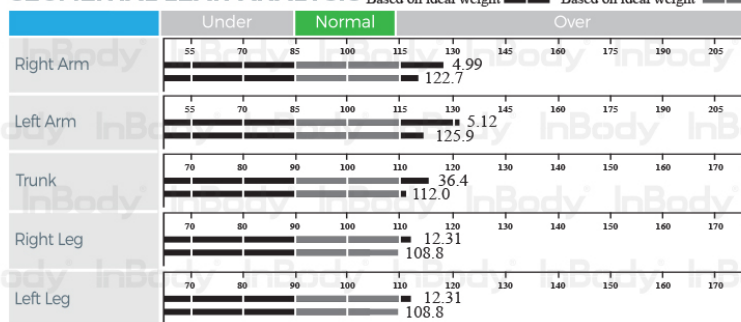
MUSCLE-FAT ANALYSIS



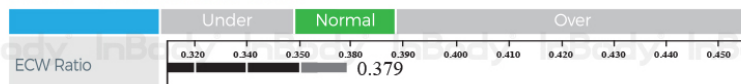
CALCULATED ANALYSIS



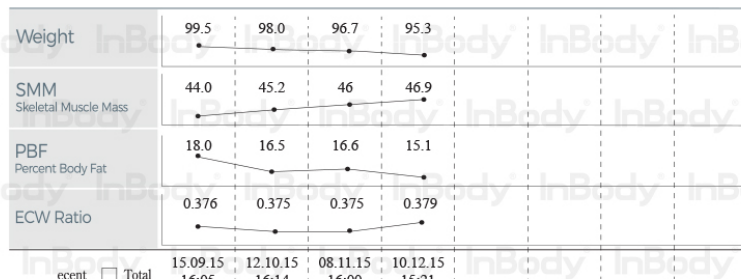
SEGMENTAL LEAN ANALYSIS



BODY WATER ANALYSIS



BODY COMPOSITION HISTORY



InBody Score

91 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 95.2 kg
Weight Control -0.1 kg
Fat Control -0.1 kg
Muscle Control 0.0 kg

Body Balance Evaluation

Upper ☒ Balanced ☐ Slightly Unbalanced ☐ Extremely Unbalanced
Lower ☒ Balanced ☐ Slightly Unbalanced ☐ Extremely Unbalanced
Upper-Lower ☒ Balanced ☐ Slightly Unbalanced ☐ Extremely Unbalanced

Segmental Fat Analysis

Right Arm (0.5 kg) 64.2%
Left Arm (0.4 kg) 59.1%
Trunk (8.3 kg) 160.2%
Right Leg (1.9 kg) 89.2%
Left Leg (1.9 kg) 88.9%

Segmental Circumference

Neck 42.1 cm
Chest 111.9 cm
Abdomen 95.6 cm
Hip 103.8 cm
Right Arm 35.6 cm
Left Arm 35.6 cm
Right Thigh 56.0 cm
Left Thigh 55.9 cm

Visceral Fat Level

Level 7

Research Parameters

Intracellular Water 36.9 L (28.5~34.9)
Extracellular Water 22.5 L (17.6~21.5)
Basal Metabolic Rate 2119 kcal
Waist-Hip Ratio 0.92 (0.80~0.90)
Visceral Fat Level 7 (1~9)
Bone Mineral Content 4.60 kg (3.51~4.29)
Body Cell Mass 52.9 kg (41.0~50.1)
Arm Circumference 35.6 kg
Arm Muscle Circumference 33.5 cm

Blood Pressure

Sys.: 136 mmHg Dia.: 77 mmHg Pulse.: 62 bpm

Impedance

	RA	LA	TR	RL	LL
Z _(n) 5kHz	302.3	300.6	22.4	270.3	269.0
50kHz	251.9	244.1	17.8	235.3	234.2
500kHz	212.7	206.6	12.6	207.3	206.4

Copyright © 2012 InBody Body Composition Analysers PTY LTD. All rights reserved
Copyright © 1996 Biospace Co., Ltd

WWW.INBODY.NET.AU



Trusted Globally

InBody has been operating around the globe for over 20 years. Trusted by top research facilities, health and fitness centres and work closely within the corporate sector to assist in monitoring the health and wellbeing within the workplace.

Here Is What Some Partners Have To Share

"We recently had the pleasure of having InBody come to our building to conduct body scans for our tenants. From the start the service and experience was seamless. It started with a phone call to their office to find out more information about what they could provide, costs and timings. I received the information the next day with all my questions answered. We had some issues on our end where we had a lot more people sign up than anticipated. I contacted the team at Inbody who very kindly arranged an additional machine and staff member.

From the moment the InBody staff came onsite they took control and ran the activation extremely well, all the feedback from the tenants were positive even if their results weren't! each tenant got to have a 1:1 consult after their scan to go through their results as well as discuss what they need to do to improve. They were extremely flexible with numbers as we had even more come down once they heard the word to which they catered for.

We will definitely have the InBody team back at One Farrer Place in the future."

Simon Tyrrell - **Dexus**



"We've been using InBody at our Product Expo's around Australia and New Zealand for several years now. Their body scans are always very popular with our guests as it provides interesting and extensive information to help set goals and track progress in alignment with our TR90 weight management program. The InBody representatives are flexible, reliable and easy to work with. Having InBody at our events is always a pleasure."

Nu Skin



REA GROUP

Personalised Corporate Scanning

"Thanks, so much to the InBody team at Inbody for the great experience we had carrying out Inbody scans at our Sydney office for our internal 8-week fitness challenge. The team went above and beyond by also assisting us with an additional fitness test at the same time as the scans – not in their remit, but they were more than happy to accommodate and even took a bunch of team photos for us. They were responsive, easy to deal with and flexible when it came to change our final scan date. Thanks for making it all so easy! We'll definitely be in touch again for future challenges."

Corporate Packages

InBody has a package to suit every business. If the below examples don't fit your needs we can customise a package for you.

Wellness Essentials Package	Wellness Initiative Package
Up to 3hrs	Full Day Up to 7hrs onsite
1 Machine	1 Machine
1 Staff	1 Staff
Approx. 40 scans	Approx. 80 scans
Scanning	Scanning timetable
2 x Group Interpretations	Multiple Group Interpretations

Wellness Advantage Package

Full Day
Up to 7hrs onsite

2 Machines

2 Staff

Approx. 160 scans

Scanning timetable

Multiple Group Interpretations

Enterprise Package

Multiple locations (Capital Cities)

Full Day
Up to 7hrs onsite

Up to 2 Machines

Up to 2 staff or more by request

Scans as required

Scanning timetables

Multiple Group Interpretations

Custom results sheets

Summary - Presentation of
Interpretation

Contact for pricing

0487 778 280 | sales@inbody.net.au

InBody®

Body Composition Analysers

Get the InBody App



Download on the
App Store



GET IT ON
Google Play

InBody is a total healthcare device manufacturer that has acquired over 80 patent rights across the globe.



CE 0120



ISO13485



ISO9001



U.S. patent U.S. 5720296



Canada patent C.N.
2225184



Japan
patent



Korea Food & Drug
Administration



NAWI

Copyright © 2017 InBody Body Composition Analysers PTY LTD. All rights reserved. Version IB570-0118

39 Hillcrest Pde
Miami QLD 4220

0437 555 311

info@inbody.net.au

www.inbody.net.au