



2018 Adult Kickball League Rules

Field and Equipment

- Bases are set 70 feet apart, but we can adjust this if we do not have the space.
- Outer walls should will be clearly marked, as a ball kicked over results in a home run.
- The official ball used in a kickball game is red, and it is inflated to 1.5 pounds per square inch.
 - A. However, a soccer ball or something similar can be used for a fun game with friends

Teams

- 10 players on the field at a time.
- All players will bat.
- Players may be substituted at any time.

Pitching

- The kicking team will designate a teammate to pitch to the team.
- The pitcher delivers the ball, and must do so with one foot in contact with the pitching rubber.
- The ball must be rolling or have bounced twice before reaching home plate to be counted as a fair pitch.
- If the ball passes through the strike zone and the kicker does not make contact, it counts as a strike.
- A ball that goes wide of the strike zone, is not rolling or did not bounce twice will count as a ball.

Kicking and Running

- The batter must run to first base after any ball that is kicked.
- Foul lines extend out from first and third base, and a ball must be inside these lines to be in play (otherwise, it is foul and a strike).
- If a ball clears the outfield wall for a home run, the kicker and all runners on base run the bases unopposed to home plate.
- One run is scored every time a runner reaches home.

Outs

- Each team gets three outs per inning.
- A kicker is out if three strikes are thrown, or if a ball is kicked foul on the third strike.
- WAKA kickball rules also dictate a kicker is out when the fielding team touches a base with a ball before the kicker arrives, or if he is hit with a thrown ball below the shoulders while running the bases.
 - A. If a fielder throws and hits a runner above the shoulders, base will be given to the runner.
- A kicked ball caught by a fielder before hitting the ground will also result in an out.

Time and Scores

- Teams will play seven innings, not to exceed a one hour time limit. If time expires in the top of the inning, both top and bottom innings will be completed.
- Teams are allowed seven runs per inning.
- Two homeruns are allowed per inning, after the 2nd home run, kick will be determined as an out.
- After the third inning is complete, if a team is down by 15 runs or more, the mercy rule will go into effect and game will be completed.
- The team with the most runs is determined the winner.
- Tiebreaker goes the teams over all win/loss record, head to head record, runs scored, and then runs allowed.