



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FOR A BETTER YOU

**SOUTHERN BOONE AREA YMCA**

[www.southernbooneymca.org](http://www.southernbooneymca.org)

101 W. Broadway Ashland, MO • 657-9622

## MORE THAN YOU IMAGINE

The Southern Boone Area YMCA is the place where families have fun and spend quality time together, kids play and build character, adults develop ways to live healthier and neighbors connect with their community.

- Free Group Exercise Classes
- Youth and Adult Sports
- Personal Training
- Fitness Challenges
- Water Aerobics
- Summer Camp
- Y-Club After School Program
- Child watch

## YMCA MEMBER BENEFITS

Your Y membership entitles you access to our facility as well as our three parent Jefferson City YMCA facilities. Participate in group exercise classes for FREE and receive reduced rates for programs.

### **FIRLEY • 525 Ellis Blvd. JC • 761-9530**

- 25 Meter Outdoor Pool (4ft.-12ft.)
- Fitness Center
- Racquetball/Handball Courts(5)
- Indoor Basketball Courts (2)
- Indoor Cycling Room
- Indoor Climbing Wall
- Nursery

### **KNOWLES • 424 Stadium Blvd. JC • 761-9531**

- 25 Yard Indoor Pool (4ft.-9ft.), Whirlpool
- Fitness Center
- Indoor Basketball Courts(2)
- 1/16 Mile Indoor Track
- Nursery, Kids' Center, School-Age Child Care

### **WEST • 3507 Amazonas Dr. JC • 761-9532**

- Fitness Center
- Locker Rooms with saunas, steam rooms
- Nursery



## YMCA OUTREACH FUND

Financial support for the Southern Boone Area Y's Outreach Fund is provided by the Y's fundraising programs, individual donations, and United Way funds. Anyone who cannot afford the fees can complete an Outreach application. Applications are available at the service desk or at [www.southernbooneymca.org](http://www.southernbooneymca.org).

## FACILITY HOURS

**Monday-Thursday:** 5:00 a.m. - 10:00 p.m.

**Friday:** 5:00 a.m. - 8:00 p.m.

**Saturday:** 6:00 a.m. - 5:00 p.m.

**Sunday:** 12:00 p.m. - 6:00 p.m.

## CHILD WATCH HOURS

**Monday & Wednesday Morning:** 9:00 a.m - 10:00 a.m.

**Tues., Thurs., & Friday Morning:** 10:30 a.m. - 11:30 a.m.

**Saturday Morning:** 8:00 a.m. - 10:00 a.m.

**Monday-Thursday Night:** 5:00 p.m. - 8:00 p.m.

## MEMBERSHIP RATES

Membership Type	Monthly Bank Draft	Joining Fee with Agreement	Joining Fee without Agreement
Youth	\$20	\$0	\$50
Adult	\$30	\$0	\$75
Couple	\$40	\$0	\$100
Single Parent Family	\$30	\$0	\$75
Family	\$40	\$0	\$100
Senior Adult	\$20	\$0	\$50
Senior Couple	\$30	\$0	\$75

## MEMBER DESCRIPTION

**Youth/Young Adult:** Defined as an individual between the ages of 13-23. (Individuals under the age of 13 must be accompanied by a member 18 years and older and have completed the Strong Kidz program. Special requests will be considered on a case-by-case basis by the Branch Director.)

**Adult:** Defined as any individual 24 years of age or older.

**Couple:** Defined as two legally married persons without children. (Verification may be required upon request in the event of differing last names, residence, etc.)

**Single Parent Family:** Defined as a household with one parent. The membership includes family members as defined in the family membership.

**Family:** Defined as two legally married persons and includes all dependent, immediate family living at home. Immediate family may include dependent parents and grandparents living in the home, dependent children 23 years of age, and younger and disabled family members living at home. (Verification may be required upon request in the event of differing last names, residence, etc.)

**Senior Adult:** Defined as any individual person 62 years of age or older. (Members must complete a membership change form when they qualify for the reduced rate.)

**Senior Couple:** Defined as two legally married persons, who are both 62 years of age or older. Members must complete a membership change form when they qualify for the reduced rate. (Verification may be required upon request in the event of differing last names, residence, etc.)

## REGISTERING FOR PROGRAMS

For your convenience, the YMCA offers program registration online at [www.southernbooneymca.org](http://www.southernbooneymca.org) or at the Southern Boone YMCA location. You may pay by cash, check, credit, or debit card.

## STAY CONNECTED AT



[www.southernbooneymca.org](http://www.southernbooneymca.org)

## CORPORATE MEMBERSHIPS

The YMCA Corporate Membership Program is a great way for companies to promote the benefits of exercise to their employees. For more information about corporate memberships, please call 657-9600.

## DAY PASS

A non-member can use the YMCA facilities by showing a current photo ID and paying the day pass fee. Non-members 12 and under must be accompanied by an adult 16 years or older with a valid photo ID which includes date of birth. Non-members 16 and older must show a valid photo ID.

**Day Pass Fee:** FREE Child (under age 5)  
\$5 Youth/Young Adult  
\$5 Senior (62 and older)  
\$10 Adult (18 and older)  
\$15 Family

**6-Day Pass Fee:** \$48 Adult  
\$25 Youth/Adult, Senior

## GUEST ENTRY POLICY

Guest entry is for those interested in a Y membership. Membership privileges may be granted one time at no charge after the following has been accomplished: check-in with the service desk; provide current photo ID that includes date of birth; tour the facility.

## VISITOR PASS POLICY

Each Y membership account will be credited six visitor passes per year to share. Each pass grants an individual or a family access into the facilities for one day. Visitors must be accompanied by a member 13 years (Strong Kidz graduate) or older, guest must be at least 14 years of age, adhere to membership guidelines, and provide a current photo ID that includes date of birth. Visitors may only use six passes per calendar year.

## Nation Y

At the Y, we are for youth development, healthy living, and social responsibility. We are dedicated to ensuring that our facilities, programs, and services are open and welcoming to all. Nationwide Membership is a key part of this effort. With Nationwide Membership, our members can access YMCA facilities across the United States and Puerto Rico at no extra charge.

## AWAY PASSES

Members of a Y outside of Missouri may use up to 10 free visits per calendar year by providing a valid photo ID with date of birth. Proof of out of state YMCA membership is also required. Away members may purchase additional passes for half of the cost of a day pass.

## INCLEMENT WEATHER

Due to the unpredictability of each weather situation, the Y reserves the right to alter this procedure on a case by case basis. Cancellations and closings will be announced at [southernbooneymca.org](http://southernbooneymca.org), on the Y's Facebook page, and Remind app @sbymcnews.